



# Forest Moon: Celebrating Survivorship

A 501(c)(3) organization  
P.O. Box 164, Jacksonville, VT 05342 [www.forestmoon.org](http://www.forestmoon.org) (802) 380-4238



## Support Programs for Cancer Survivors and their Loved Ones Spring/Summer 2010

**10-Week Spirit of the Written Word Writing Workshop**, Tuesdays 6 PM – 8 PM, March 2 – May 11

Location: Stone Law Offices, Brattleboro, VT

Sponsors/Partners: VT/NH Affiliate of the Susan G. Komen for the Cure, Stone Law Offices

Facilitator: Pam Roberts, Forest Moon's Program Director, is a writer, artist, and breast cancer survivor.

*Come experience the transformational power of writing in this 10-week workshop series. **Cost: Free***



**10-Week Spirit of the Written Word Writing Workshop**, Thursdays 6 PM – 8 PM, March 4 – May 13

Location: Deerfield Academy, Deerfield, MA

Sponsors/Partners: Baystate Franklin Medical Center's Oncology Dept., Deerfield Academy, Women's Health Initiative

Facilitator: Pam Roberts (see above for facilitator and workshop description)

Baystate Franklin Medical Center

**1 in 8: The Torso Project**, March 20 & 21, 10 AM – 3 PM

Locations: Deerfield Academy, Deerfield, MA

Sponsors: Rays of Hope, Deerfield Academy

Facilitators: Pam Roberts, Forest Moon's Program Director, is a writer, artist, and breast cancer survivor. Vicki Sutton, MSW, is the Oncology Social Worker at Baystate Franklin Medical Center. She leads two ongoing breast cancer support groups.

*Join other women from Western Massachusetts touched by breast cancer to create plaster decorated torso casts with an option to later display them in a community art exhibit. **Cost: Free***



**Couples' Weekend Renewal Retreat**, 5 PM Friday, March 26 - 1 PM Sunday, March 28

Location: Bowen House, Corinth, VT

Sponsors: VT/NH Affiliate of the Susan G. Komen for the Cure, Cone Editions Press

Facilitators: A licensed social worker, Ellen Fein is a cancer survivor, yoga instructor, and Cancer Coach in central VT. Bob Buckley is a former senior faculty member and supervisor at The Center for Mind-Body

Medicine in Washington, DC. *This retreat provides a special time and place for you and your partner to explore your path to healing. **Cost: \$50 per couple (financial assistance available)***



**1 in 8: The Torso Project**, May (exact dates TBA)

Location: Windham County (exact location TBA)

Sponsors: VT/NH Affiliate of the Susan G. Komen for the Cure

Facilitators: Pam Roberts, Forest Moon's Program Director, is a writer, artist, and breast cancer survivor. Forest Moon's Executive Director and Cofounder, Cindy Blood, is also a breast cancer survivor.

*Join other women from Vermont and New Hampshire touched by breast cancer to create plaster decorated torso casts with an option to later display them in a community art exhibit. **Cost: Free***



**5<sup>th</sup> Annual Renewing the Spirit Weekend Retreat**, Friday, June 18 at 5 PM – Sunday, June 20 at 1 PM

Location: Cardigan Mountain School, Canaan, NH

Sponsors: VT/NH Affiliate of the Susan G. Komen for the Cure, Cardigan Mountain School

Facilitators: Deb Steele is Manager of Support Services Programming at Dartmouth Hitchcock's Norris Cotton Cancer Center. Pam Roberts, Forest Moon's Program Director, is a graduate of the IM School of Healing Arts in New York City. Both women are cancer survivors.

*Learn strategies to improve your healing in a serene setting. Activities offered include: writing, art, mindfulness meditation, movement, canoeing, and swimming. **Cost: \$25 per person (financial assistance available)***



**Weekend Renewal Retreat**, 5 PM Friday, August 27 – 1 PM Sunday, August 29

Location: Stump Sprouts, Hawley, MA

Sponsor: Rays of Hope

Facilitators: TBA

*Explore ways to improve your healing in a peaceful setting in western MA. **Cost: \$25 (financial assistance available)***



**Unless otherwise indicated, Forest Moon's programs are open to all cancer survivors and an accompanying family member or friend.**

**To register, please contact Program Director Pam Roberts at 413-625-2402 or [pamro@aol.com](mailto:pamro@aol.com).**